

# MENTAL HEALTH CARE

*for Post-9/11 Veterans  
and Family Members*



**CVN TELEHEALTH**  
**FACE-TO-FACE VIDEO THERAPY**



[COHENVETERANSNETWORK.ORG](http://COHENVETERANSNETWORK.ORG)





**COHEN VETERANS NETWORK** *provides high-quality mental health care for veterans and family members.*

## WHO WE SERVE

**POST-9/11 VETERANS** including those from the National Guard and Reserves, regardless of role in uniform, discharge status, or combat experience.

**FAMILY MEMBERS** including spouses or partners, parents, siblings, adolescents, caregivers, and other family members of post-9/11 veterans and current service members.

## WHAT WE DO

**PERSONALIZED THERAPY** for a variety of mental health concerns including:

- PTSD
- anxiety
- relationship and family difficulties
- depression
- stress
- anger
- transition challenges
- sleep problems

## HOW WE HELP

**EASY ACCESS TO CARE** when you need it. Confidential, customized and delivered online.

### BENEFITS OF TELEHEALTH



**CONVENIENT.** Get care without having to visit the clinic. All you need is a stable internet connection and a device with audio and video capabilities.



**EFFECTIVE.** Telehealth sessions have been shown to be equally as effective as in-person therapy.

*\*Contact us to see if CVN Telehealth may be right for you.*

**LEARN MORE** ☎ **833-CVN-VETS**  
▶ **COHENVETERANSNETWORK.ORG/TELEHEALTH**