

## Camp Horizon Frequently Asked Questions 2019

### **Where is Camp Horizon located?**

Camp Horizon takes place on the campus of Virginia Wesleyan University, where we rent facilities, including classrooms, gym, pool and dorm rooms for overnight camp.

### **When is Camp Horizon?**

There are seven sessions beginning the week of June 24-28, 2019. Sessions are Monday through Friday. Overnight camp (for age 18 and over) is also offered during Sessions 1, 3, 4, 5 and 6.

### **What are the camp hours?**

Day camp hours are 10:30 a.m. – 4:30 p.m.

Overnight campers arrive on Monday morning at 9:30 and leave at 4:30 on Friday afternoon.

### **Do you provide transportation?**

Campers must provide their own transportation to and from the campus. Camp Horizon provides transportation for field trips only.

### **Who can attend?**

Children age 5 and up and adults with intellectual or developmental disabilities may attend day camp. Campers in previous summers have had intellectual disabilities, cerebral palsy, autism, Asperger's, spina bifida, Down syndrome and other disabilities. Campers age 18 and up may attend overnight camp.

### **Who is on the staff?**

Camp counselors and instructors are predominately college students studying special education, recreational therapy, physical therapy, occupational therapy, psychology, human services, art therapy, or music therapy. Some of the staff members are professionals in the public schools who work at camp during the summer. We hire counselors who are specifically interested in working with this population and are dedicated to making camp a memorable experience for the campers.

The camp director is a Certified Therapeutic Recreation Specialist. The overnight director is a special education teacher.

### **What is the camper/staff ratio?**

We have a minimum day camp ratio of one staff for every two campers. The overnight staff: camper ration is 1:3. Campers receive supervision and assistance according to their individual needs.

### **What is the campers' day like?**

1. Large group sports and active games in the gym for the first 45 minutes
2. Leisurely buffet lunch in the dining hall (included in camp fee)
3. Three small group activities (art, music/drama and leisure skills). Campers rotate among the three.
4. Pool activities in the Virginia Wesleyan indoor pool, where campers are closely supervised, and lifeguards are on duty. For additional safety, we provide lifejackets for use by those who cannot swim.

### **Do campers go on field trips?**

Most weeks of camp include a field trip during the day. There is one evening field trip during each week of overnight camp.

Daytime field trips may include sites such as the Virginia Aquarium, Air & Space Museum, VB Schools' Planetarium, Chrysler Museum, the Children's' Museum, Camp Grom, Virginia Living Museum and/or other locations not yet confirmed.

Evening field trips may include the VB oceanfront, Norfolk's waterside area, Cinema Café, and/or other locations not yet confirmed.

Field trip transportation is provided through a contract with the Norfolk Public Schools and Senior Services of Southeastern Virginia.

### **Are medications administered at camp?**

Yes. During day camp, the camp nurse will administer medications to campers. Overnight medications are administered by certified medication assistants. There are specific instructions included with the camp application materials about what is required in order for us to administer medications at camp. Please read them carefully and follow them completely.

### **Are campers grouped according to age or ability levels?**

We strive to place campers in groups with some others of their own age. Because we have a wide range of ages and ability levels in any given week, campers may also be with others of a different age. Most groups have campers with a variety of ability levels, and within any given group, activities are adapted to each individual's ability level to enable maximum participation by all campers.

### **Is there a fee?**

The fee for day camp is \$440 per session. This includes a daily lunch as well as field trip transportation and admission fees.

The fee for overnight camp is \$740/session. This includes all meals and lodging, as well as field trip transportation and admission fees.

There is also a \$25 application fee per person due when applying for camp. The \$25 application fee is in addition to weekly fees. (A camper attending multiple sessions is only required to pay one \$25 application fee).

Fees must be paid in full no later than June 1, 2019. Campers who do not have an outstanding balance from previous years may be eligible for a short-term payment plan.

### **Is scholarship assistance available?**

Campers are encouraged to explore a variety of options to assist them in paying camp fees. Options to consider include the local Community Service Boards, extended family members and friends. A limited amount of reduced fee assistance may be available from The Up Center for one week of camp for individuals with demonstrated financial need. An application for this assistance is included in the camp application.

### **Can campers attend more than one session?**

Yes, campers may choose to attend one or more sessions of camp, up to a maximum of four sessions.

### **When is the deadline for applying?**

Camp application forms must be received no later than June 1, 2019. However, we encourage earlier submission of applications to ensure a space in your chosen session. Enrollment in sessions will close as they reach capacity, and additional applicants will be placed on a waiting list.

### **What forms are needed to apply for Camp Horizon?**

All necessary application forms are on our website: [www.theupcenter.org](http://www.theupcenter.org)

### ***For all campers (new and returning):***

1. Camp Horizon 2019 Application is required for all campers. Applications may be submitted online or printed out and mailed in. Those who submit applications online will still need to print out and mail in the Medical Forms and signed Release Forms.
2. Camp Horizon 2019 Medical Forms are required for all campers. These forms require a physician's signature and may be mailed in later than the Camp Application, but **must be received by June 1, 2019**. Please note that we are unable to accept the results of a physical in place of our Medical Authorization form.
3. Camp Horizon Program Policies & Procedures, Rights & Responsibilities and The Up Center Privacy Policy should be thoroughly read and reviewed, printed and retained for your records before submitting your camp application forms.

**Please be sure that all forms are signed by a parent, guardian or adult camper as indicated on the form.**