

Wish List

Please bring items to:

The Up Center Ghent Office

222 W. 19th Street, Norfolk, VA 23517

Art Therapy Needs

| | | |
|-----------------------------------|-----------------------------------|-----------------------------------|
| Glitter, buttons, beads, sequins | Masking & clear tape | Multi-cultural magazines |
| Sturdy plastic tablecloths | Tissue paper | Balloons, popsicle sticks |
| Plaster bandages | Model magic brushes | Colored paper |
| Pencils & erasers | Scissors (lefty included) | Pastels & colored pencils |
| String and yarn | Craypas | Compass |
| 18x24 white paper (10# or higher) | Water-based and permanent markers | Ruler watercolor, tempera, guache |

Adoption & Foster Care Services

Board games

Gift cards

Meals provided to feed around 20

Duffle bags (new or gently used)

Duffle bag contents: *toothbrush/paste, soap, lotion, deodorant, diapers (all sizes), wipes, formula, bottles, pacifiers, deodorant, undershirts/underwear (all sizes), pajamas (all sizes), brushes/combs, socks, hair accessories*

(When donating, please note that many of our children in foster care are school-age and young teens)

Camp Horizon

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| Board games | Paper cutter | Gallon of glue |
| Sports equipment (indoor & outdoor) | Video games (for Nintendo Wii, Xbox, etc.) | Pipe cleaners (especially black, white, red, blue, green, orange) |
| Card games | Feathers | Masking tape rolls (1" & wider) |
| Musical instruments | Tissue paper (solids & prints) | Markers (washable) |
| White cotton t-shirts (all sizes) | Puzzles | New life jackets (for pool time) |
| Tempura paint (washable, gallon size, basic colors) | | |

Children's Therapy Playroom (Ghent office)

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| Child's table & chairs | 2 Big Joe bean bag chairs | Brightly colored rug |
| Doll house, furniture & family | Family & animal puppets | Baby doll & baby bottles |
| Dress-up clothes | Kitchen play set & dishes | Bop bag |
| Dart guns with darts | Small plastic soldiers & dinosaurs | 6-10 foot rope |
| Foam aggression bats | Crayons/markers/drawing paper | Model Magic or Sculpey |
| Sand tray w/toys | Cash register | Plastic telephone |
| Scarves or bandanas | Blocks or construction toys | LEGO and DUPLO blocks |
| Cardboard bricks | Blackboard | Mirror |
| Masking tape | Magic wands | Masks |
| Toy vehicles (cars, trucks, etc.) | Playing cards | Play money |
| Doctor's kit | Ring-toss or similar game | |

Counseling Visitation Room

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| Nintendo Wii & games (family-friendly) | Comfortable chair, loveseat, couch | Window seat cushions for long benches (15x2, neutral colors) |
| Area rug (11x13, neutral colors) | Books (for all ages) | Floor lamps |
| Flat screen television | Family board & card games | Wooden cabinets |

Day Support Center

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| Van chair lift (~\$5,000) | Stereo system w/speakers | Leap Frog pad & accessories |
| Laureate Learning System software (for Microsoft) | Indoor mini-trampoline | DVD player |

Early Childhood Clients

Gear & Furniture

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| Pack-n-Plays (need especially) | Cribs, bassinets | Cradles |
| Diaper bags | Baby monitors | Strollers |

Clothing

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| Socks or booties | Newborn caps, hats, sunbonnets | Scratch mittens |
| Receiving blankets | Heavy quilts/blankets | Homecoming outfits |
| Snowsuits | Car seat covers | |

Diapering & Bathing Supplies

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| Diapers (disposable or cloth) | Disposable wipes | Baby washcloths |
| Hooded towels | Baby tearless soap/shampoo | Baby lotion/oil |
| Baby nail clippers | Cotton swabs | Baby comb & brush |
| Bathing tub | Diaper cream | Changing pads/covers |
| Bath toys | Diaper pails/bag fillers | |

First Aid & Safety

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| Digital thermometer | Nasal aspirator (bulb) | Baby Tylenol |
| Safety gate | Outlet plugs | Cabinet/drawer latches & locks |

Feeding Supplies

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| Burp cloths | Bottles | Bottle brush |
| Pacifier | Formula (Good Start or Similac) | Bibs |

Breastfeeding Supplies

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| Breast pads | Nursing bras | Breast pump |
| Breast milk storage bags | Breastfeeding pillow/cover | |

Books & Guides

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| Tactile (touch/feel) books | Potty training guides | ABC & 123 books |
| Board books | Sticker books | Family magazines |

Toys

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| Rattles | Push-pull toys | Stacking blocks (thru age 6) |
| Wooden puzzles | Balls (all sizes) | Shape sorting toys/games |
| Musical instruments | Play Doh & tools | Large LEGOS (building toys) |
| Board games | Dress-up clothes | Dolls (all ethnicities & genders) |
| Chalk (board & sidewalk) | Linking toys | Lacing toys |
| Tonka trucks/toys | Teething rings | Baby Keys |
| V-tech toys | Music CDs (thru age 6) | Tea Sets |

Fisher Price cause-effect toys

Hand-held educational games

Kitchen toy sets

In-Home Counseling & Mental Health Clients

Bedding (twin & full)

Sheets

Pillows/cases

Comforters/covers

Kitchen Supplies

Post & pans

Cutlery

Plates & bowls

Utensils

Dishtowel & napkins

Glasses & cups

Clothing (all ages & genders)

Winter coats

Hats, gloves & scarves

Bras

Underpants

T-shirts

Pajamas

Slippers

Robes

Personal Hygiene Products (all ages & genders)

Soap/shampoo

Toothbrush/toothpaste

Deodorant

Feminine products

Insect repellent

Misc.

Washcloths & towels

Family board games

Household cleaning products

Diapers, wipes, bottles &
formula

Hampton Roads Transit bus
passes

Thermometers & first-aid kits
Large, flat-screen television

Up Center Books

Family board games

New and gently used books

New and gently used DVDs, CDs

Family movies