

April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Plant a Pinwheel Garden</i>	2 <i>Play a board game</i>
3 <i>Make pancakes</i>	4 <i>Wear Blue Day in Support of Prevent Child Abuse</i>	5 <i>Family Movie (Don't forget the Popcorn)</i>	6 <i>National Walking Day (PAT facilitated walk in City Park in Portsmouth :11:00am</i>	7 <i>Trace Your Hand and create your personal family tree or Beautiful artwork</i>	8 <i>Play "Freeze" Dance</i>	9 <i>Fly a kite</i>
10 <i>Make a fort</i>	11 <i>Play Hide-n-Seek</i>	12 <i>Taco Tuesday</i>	13 <i>Wear a Silly hat (PAT facilitated walk at Mt. Trashmore in Va Beach: 11:00am</i>	14 <i>Color with your family</i>	15 <i>Jump Rope</i>	16 <i>Play with sidewalk chalk or Hopscotch</i>
17 <i>Ice Cream Day</i>	18 <i>Go to the library</i>	19 <i>Paint a picture together</i>	20 <i>Wear silly socks (PAT facilitated walk at Northside Park in Norfolk: 12:00noon</i>	21 <i>Blow Bubbles</i>	22 <i>Earth Day Plant a tree seedling or flower</i>	23 <i>Play musical chairs</i>
24 <i>Have a tea party</i>	25 <i>Make sock puppets</i>	26 <i>Conduct a family fire drill or visit your Local fire station</i>	27 <i>Send a silly family selfie</i>	28 <i>Read a book</i>	29 <i>Play ball</i>	30 <i>Family Park Day Join The Up Center at Step-Up or PAT at Celebrating Children</i>